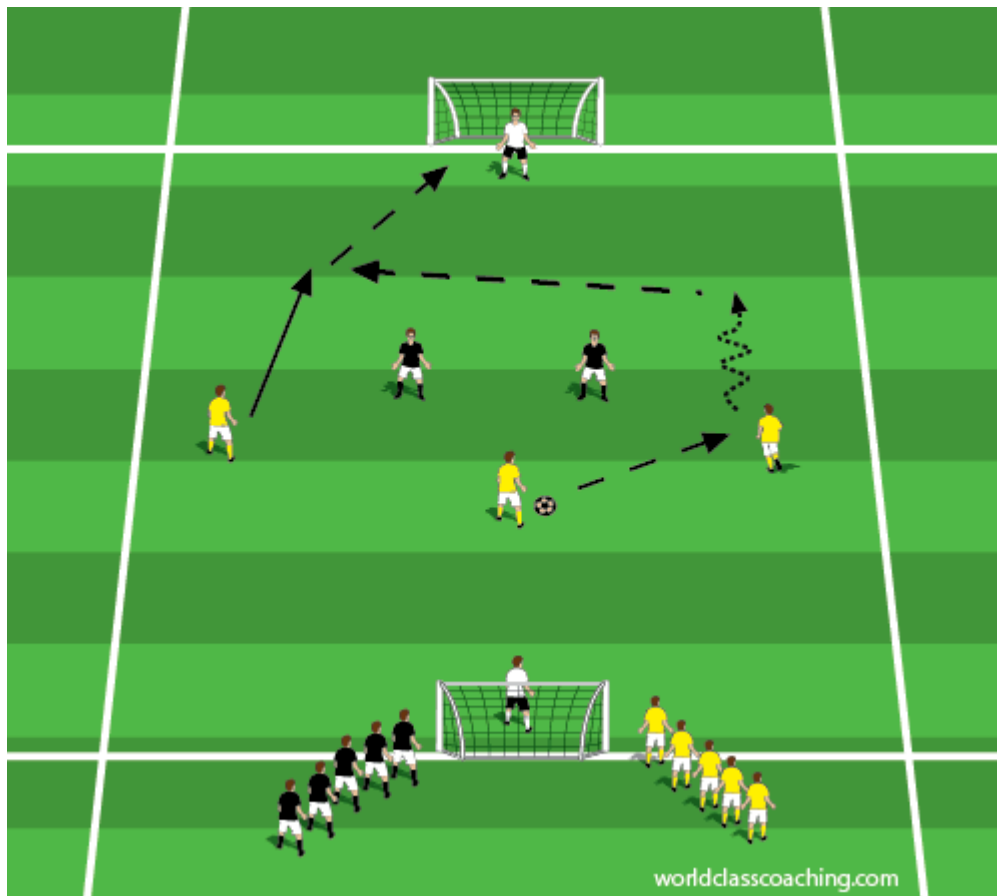


Shooting & Finishing #2 - 3v2 Situations

Exercise - Play takes place within a 30 yard wide by 35-yard long drill with two large goals and goalkeepers. One team in black vests lines up on one post and one team in yellow vests lines up on the other post of the same goal. The drill begins with three yellow players attacking two black players on the far goal. Once the play is dead the two black players attack one yellow player. The yellow defender is the last yellow player to touch the ball. The black players attack to the other goal. Once the play is dead the two yellow players taking a knee step up to defend against three new black players who have come off of their post to receive the ball and attack the far goal. Drill is continuous.



The players are reminded that this is an advantage that has a time limit in the game and they need to attack the goal as quickly as possible. There is less concern for maintaining possession and more concern for creating the chance at goal. Give the team with possession 4 seconds to attack the goal. Also, give them 3 points for a goal and 1 point for a shot on goal.

Progression -

Same as above, except the team that will be possessing (either the two attackers or the three attackers) push towards the goal they will be attacking. The goalkeeper throws the ball out to them. This way, they begin deep in the attacking third with their backs to goal and must win the ball quickly and look to turn to attack.